

# Personal Hygiene and Uniform Policy

## **Purpose**

At Al Iman College we take pride in making choices that reflect our college's Islamic values. We symbolise our values in the way we think, act, and contribute to our college community. The College uniform instils a sense of practicing the dressing style of Prophet Mohammad Sallallaho Alaihe Wasallam, a sense of belonging and it reinforces students' pride in their own appearance. The way in which we present ourselves and personal hygiene is pivotal in promoting our values.

#### Aim

By having a compulsory emphasis on **personal hygiene** and **uniform**, the College aims to:

- develop awareness in maintaining good health,
- have our appearances as close to Sunnah as possible,
- encourage a sense of pride and belonging amongst our students,
- promote a positive image of our college in the community,
- support equity amongst students,
- help students manage their personal hygiene routines and to protect the overall health of the college community.

#### **Special Provision**

Special provision requests are to be negotiated with the Vice Principal or the Principal.

## **Implementation**

This Uniform Policy clearly states our college expectations for parents and encourages students to consistently wear the correct uniform during school hours, while travelling to and from school and when students are engaged in school activities out of school hours.

Al Iman College uniform policy takes precedence over student's individual preference in matters of dress. In the establishment of this policy, issues such as the required quality of modesty in Islamic dress wear, health and safety and equality have been considered.

- Regular monitoring of student compliance with this policy is conducted by staff and continual reminders are made during assemblies, home-group, and classes.
- Parents and guardians are responsible to ensure their child/ern follow the college uniform policy.



## **Expectations from parents and students**

Parents and students will have a primary responsibility for ensuring that all students wear our college uniform. The uniform must be maintained in a clean and satisfactory condition. They will be fully supported by the staff in meeting this responsibility.

- It is the parents' responsibility to purchase the school uniform from the Uniform Shop.
- Any noncompliance/s of this policy will be dealt with as per our Discipline Policy.

## **Expectations from staff**

Wearing the full College uniform correctly is a strong indicator of student wellbeing.

- Student/s shall be reminded to comply with the uniform and hygiene expectations.
- Form teachers to undertake uniform and hygiene checks of the students upon entering the classroom.
- A uniform and hygiene monitor can be assigned for reminding purposes.
- Uniform checks to be undertaken daily.
- Students following the correct uniform and hygiene protocols should be awarded a green card weekly.
- Student/s found to be non-compliant should be given a reminder to comply.
- If non-compliance continues, teacher to refer student to the Level Coordinator for a formal conference.
- Level coordinator may choose to issue a discipline card (Yellow, Orange or Red) considering the situation.
- Level Coordinator or Student Welfare Officer may contact the parent/guardian via email and/or a phone call advising of the continual breach (non-compliance) and suggest ways to improve and support them moving forward.
- The Level Coordinator will undertake spot checks and inform the form teachers about student/s who do not comply with the policy or may choose to deal with it directly based on the situation.
- All correspondence with parents and/or staff should be done through SEQTA with subject "uniform".

Note: Students are not allowed to participate in excursions, or as a member of a sporting team or in any school related activity within or outside the school unless they are in complete school uniform.



#### **Personal Hygiene**

Personal hygiene is how you care for your body. This practice includes bathing, washing your hands, brushing your teeth, and more. Every day, we come in contact with pathogens that may pose a threat to our health. Maintaining good personal hygiene can ward off infection and help maintain general well-being.

#### Hand hygiene education

We aim to educate our students to develop personal hygiene practices.

Hand hygiene should be routinely performed:

- before, during and after preparing food
- before and after eating
- after using the toilet
- after coughing, sneezing, or blowing your nose
- after touching animals or pets
- before and after treating a wound or cut
- after handling garbage when hands are visibly soiled.

#### Personal hygiene and care

We expect our students to set the best example of personal hygiene in relation to:

- Body odour
- Clipping nails
- Keeping hair clean and tidy and having haircuts as per teachings of Islam and haircut guidelines (Boys are not allowed to grow hair below earlobes)
- Brushing teeth
- Changing socks daily
- Changing undergarments daily
- taking shower daily or every second day
- taking shower (Thursday nights or Friday mornings) for Friday

# **College Uniform**

Students are expected to take pride in their appearance and grooming.

• Uniform will be worn during school hours, while travelling to and from school, and when students are on school excursions or school related activities within or outside the school. This includes the prayer cap for the boys and the hijab for the girls.



- Sports uniforms are only to be worn on days in which students have sports lessons.
- All students are required to wear grey socks only.
- No hats are to be worn inside the college building.
- During winter months, students are required to wear a black jacket (purchased from the uniform shop) and black tights under school pants for protection from the cold and rain when outdoors.
- It is advisable to have all uniform items clearly labelled with the student's name.
- If a student is temporarily unable to wear required school uniform due to an unavoidable reason or situation, an explanatory note by the parent/guardian should be brought to the form teacher/Level Coordinator before school. Appropriate clothing, as close to uniform colours as possible, should be worn. The student will be issued with an out-of-uniform pass, which should be retained to show the teachers upon request.
- If a student consistently gives an excuse that their uniform is in the wash, parent will be contacted to purchase additional uniform items.

Note: Students are not allowed to wear any jewellery or make up and are not allowed to colour their hair.





# **Boys Uniform**



Cotton Poly Pants



Taqiyah, Topi, etc.)

Prayer Cap (Peci,

Cotton Poly Pants

# **Sports Uniform**



Long Sleeve Polo



**Track Pants** 



Parker Jacket



# All students are required to wear black shoes or black runners only.





# **Uniform Shop**

Al Iman College has outsourced the supply and management of the school uniform shop to a third-party supplier (details shown below); who has been entrusted with the task of running the uniform shop within the College premises.



24 Uniforms

62 Grevillia Drive, Mill Park-Vic 3082 Melbourne Australia

Phone: (03) 943-689-90 Fax: (03) 943-689-90 Mobile: 0402-827-722

Email: sales@z4uniforms.com.au website: www.z4uniforms.com.au

### **Related Policies**

- Discipline Policy
- 2. Student Code of Conduct
- 3. Suspension and Expulsion Policy

# **Evaluation**

Date Reviewed/Implemented	Week 9 – Term 1 – 2023
Next Review Date	Week 9 – Term 1 – 2025 (or earlier if deemed necessary)